

# Inspire+ Primary School End of Year Impact Report 2015/16

August 2016

Initiative / Services	Description	Impact	
<b>Inspire+ Ambassadors</b>			
<p>Sam Ruddock</p>	<p>Sam visited all Inspire+ Primary Schools, giving a detailed insight into his preparations for the Rio Paralympics. Sam was able to link his examples of training and preparations to those that the children should think of for tests and their own sports competitions.</p> <p>At the end of each assembly Sam signed a contract along with the school's Bronze Young Ambassadors with the contract stating that he would do everything possible to give him the best opportunity to success in Rio 2016 and in return for the school to pledge to be more physically active and lead healthier lifestyles.</p>	<ul style="list-style-type: none"> <li>40 Inspire+ Primary Schools were visited. This resulted in around 8,000 young people being engaged and inspired.</li> </ul> <p><i>"The assembly was absolutely brilliant. Everyone was really buzzing, both staff and children. The children were sooooo excited, they were whispering in the hall 'he's here...I just saw him' some of their faces were brilliant, talk about awe and wonder! Staff were very complimentary. Thank you."</i></p> 	<p>Sam has high impact on motivating children and his assembly led children to setting goal targets for things they wanted to achieve in academic and sporting arenas.</p> <p>His worked linked to the schools aims of high aspiration and developing independence in thinking and learning.</p>
<p>Sarah Outen MBE</p>	<p>Following Sarah's live satellite calls to our schools during her London2London via the World adventure, Inspire+ took a coach of 56 primary school pupils &amp; staff down to Tower Bridge London to welcome Sarah back as she finished her journey and to present her with the signed rowing oar from all our schools with messages of congratulation from each school.</p>	<ul style="list-style-type: none"> <li>56 primary school children from Grantham &amp; Stamford taken to London for the day. They welcomed Sarah home, met her &amp; had a trip around the London Bridge experience. 6 of the children also got to attend Sarah's VIP reception in HMS President.</li> <li>Sarah visited &amp; gave her assembly to 40 Inspire+ Primary Schools and 2 Secondary schools followed by 2 evening presentations</li> </ul>	<p>Sarah's visit to the school inspired Y5 pupils to use Sarah's adventures as part of creative curriculum work. This formed part of a Summer gallery opening to display their work to the school and community.</p>

	<p><i>"The schools engagement through Inspire+ has been one of the greatest prides with my London2London:Via the World journey. Out in the tent in the North American winter or through storms on the ocean, the support and contact with schools was motivating and inspiring for me - I gained a lot of good energy from those calls and video links. It is wonderful to be touring the schools in the Inspire+ partnership now and sharing tales from the expedition, encouraging youngsters to dream big, take risks and persevere. I am really proud of my Ambassador role for Inspire+." Sarah Outen.</i></p>	<p>for a more in depth insight into the London2London adventure.</p>	
<p>Ben Smith</p>	<p>On the 1st September 2015 Ben began one of the most challenging and rewarding experiences of his life. Ben is undertaking the attempt which will see him run 401 marathons in 401 consecutive days around 309 different locations of the UK mainland.</p> <p>The challenge is aiming to raise both awareness of the issues of bullying in our society along with £250,000 for two</p>	<p>Ben held 2 of his marathons around our schools:</p> <ul style="list-style-type: none"> <li>• 13<sup>th</sup> April – 4 Stamford schools</li> <li>• 4<sup>th</sup> May – 20 Grantham schools</li> </ul> <p>At each school Ben did a lap of the playground with the school's Bronze Young Ambassadors while the rest of the school provided a guard of honour for him.</p>	<p>The members of the school running club ran with Ben inspiring them to continue running. The school then held a sponsored event to raise money for Ben's charity. Children from Reception to Year 6 were challenged to run the Marathon distance around the playground in a relay. When the distances were totted up they had run just over 2 marathon distances and donated £150 to Ben's charity.</p>

	<p>amazing charities dedicated to tackling bullying. The two charities are called 'Stonewall' and 'Kidscape'. Both these charities work tirelessly to support award winning initiatives which really get to the heart of bullying in our UK schools and society in all its forms. The £250,000 raised through generous donations from UK business' and the public will help support both these charities carry on the amazing work they do.</p> <p>www.the401challenge.co.uk</p>	<p>Members of local athletics clubs ran with Ben on the day plus the addition on the Grantham route of our CEO Vincent running his first full marathon!</p> <p>From the 2 days, schools fundraised for Ben's charities through non-uniform and selling 401 challenge wristbands. From the Inspire+ schools we raised £2102.16 for Ben.</p> <p>Photo of event here</p>	
Legacy Tour			
<p>Inspire+ Legacy Tour 2015/16</p>	<p>This year's Legacy Tour was based around the Rio 2016 Olympic and Paralympics Games.</p> <p>All member schools and all schools in South Kesteven were offered the opportunity to be part of the Inspire+ Legacy Tour.</p> <p>With there being a number of new sports at Rio 2016, every school got use of Tri-Golf equipment (one of the new sports) for the day along with support of a golf coach. This tour was sponsored by South Kesteven District Council.</p>	<p>As part of the tour we ran a competition for children to design a Legacy Tour Torch, we received around 150 designs which were then all looked at by Inspire+ staff and our Young Ambassador Steering Group to choose a winner. The winning design was then made into a 3D torch.</p> <p>A total of 43 schools received the Legacy Tour, that's approximately 8500 young people engaged!</p> <p><i>"Once again it was a privilege to be involved in the Legacy Tour. Our Bronze Ambassadors found it valuable to be involved in the assemblies and torch hand-overs. Leading the tri-golf activity was also a fun experience for them and helped them become confident leaders working with children of all ages."</i> Jon Clack, Great Ponton Head teacher.</p>	<p>The Bronze Ambassadors led a whole school assembly which built up the anticipation of the Rio Games to follow.</p> <p>Children enjoyed the opportunity to take part in tri-golf for the first time.</p>

<b>Leadership</b>			
Young Ambassadors (YAs)	<p>After the hugely successful introduction of Bronze YAs in recent years Inspire+ &amp; Platinum YAs facilitated training events designed to inspire Bronze YAs.</p> <p>Bronze YAs were responsible for supporting the London 2012 legacy aspirations of 'Inspiring a new generation' through our bespoke Legacy Challenge resource. This initiative supported whole school outcomes.</p> <p>This programme is aimed at pupils in years 5&amp;6.</p>	<p>We have seen an increase in the number of Young Ambassadors at all levels within our area. We have trained 100 Bronze Young Ambassadors which have then gone on to help lead on programmes such as the Legacy Challenge, Legacy Tour and the Mini Olympics.</p> <p>The senior Young Ambassadors have also been busy helping out by organising the Legacy Tour, Mini Olympics and other events throughout the year.</p>	<p>The Bronze Ambassadors attended training meetings and supported and delivered events in school throughout the year including the school Marathon run, the Legacy Challenge, the legacy tour and the mini Olympics. In addition both Ambassadors represented the school at events and were members of a number of school teams.</p>
Playground Leaders	<p>The charity changed the way it delivered the training by taking it to schools.</p>	<p>15 schools accessed training on their school site. As a result over 100 pupils were enabled to support their peers be more physically active.</p>	<p>Year Six pupils were all trained in as Playground Leaders and supported by a Lunchtime TA they led games for the school over the year. In the Summer term Y5 were also trained so that they were able to take over the role from September 2016.</p>
<b>Developing School Staff</b>			
PE & Sport Conference	<p>The Inspire+ organised conference provided the platform for teachers to develop PE, Sport and Leadership provision.</p> <p>Workshops were run by national and local facilitators. Inspire+ Ambassador and Paralympian Sam Ruddock was our special guest along with Matt Hampson.</p>	<p>Teachers again believed that the conference gave them the opportunity to effectively plan the year ahead to maximise the impact of the Inspire+ services.</p> 	<p>The PE conference updated the PE coordinator with information regarding the local and National picture in PE. It also introduced new thinking in areas related to PE and made connections with organisations supporting the delivery of PE.</p>

<p>CPD Courses</p>	<p>A comprehensive programme of primary school courses, delivered locally, were coordinated for member schools. Courses were aimed at supporting all school staff deliver high quality PE and Sport.</p> <p>Implementation of real PE was the focus this year.</p>	<ul style="list-style-type: none"><li>• 44 CPD courses have been facilitated</li><li>• A total of 460 staff members applied for places on the courses</li><li>• 100% of attendees agreed or strongly agreed that the course equipped them to make an impact on their practice</li><li>• Comments from the course evaluations that were mentioned: <i>"I have really enjoyed this course and found it very informative"</i> <i>"Start to Move + Eysr Training together- the two appear to go together"</i> <i>"Thank you so much for the training! Great pace!"</i></li></ul> 	<p>Real PE training was undertaken with a view for introducing the best practise back in school. Resources were purchased.</p>
--------------------	--	---	--

Gifted and Talented Grant Scheme	Inspire+ supported pupils identified by the school as Gifted and Talented, if kit, transport, or club membership fees were a barrier to reach their potential.	During the year, 4 schools submitted 8 successful applications.  The total amount awarded was £1020.	G and T funding was used to support a talented gymnast to access training and competitions otherwise beyond his reach.
<b>Transport</b>			
Mini Bus	Inspire+ secured access to a mini-bus to ensure pupils can access sports fixtures/events.	1 school accessed this support.	Minibus support was used to access the mini olympics
<b>Funding</b>			
Workshops / Advice in writing & preparing applications	Inspire+ are supporting schools with the application process. Applications can be submitted by the school or constituted parents groups/associations linked to the school.	Seven schools have secured approximately £70,000 funding to date to improve their facilities. Projects include trim trails, a community library, astro turf, a tree house and play equipment.  Further applications have been submitted and are awaiting decisions.	A grant for the creation of an all weather trim track meant that by Easter 2016 children in each year group were able to use the new facility throughout the day.

Community Sporting Opportunities			
<p>Holiday Provision</p>	<p>Holiday provision enabled children to participate in two days of dance activities during the Easter holiday. The provision was provided by Premier Sport</p>	<p>The camp was attended by 59 children who all enjoyed the activities immensely. Future camps are planned for academic year 2016-17</p>	<p>Additional provision provided by the company working closely with our children during term time has proved very popular. 59 children attended and the popularity means that we are looking to expand holiday opportunities further in the next academic year.</p>
Encouraging pupils to be more physically active and lead healthier lifestyles			
<p>Inspire+ Legacy Challenge</p>	<p>Launched in 2012 with the support of Lord Coe, pupils embark on a series of challenges created to realise the London 2012 pledge of 'inspiring a generation'.</p> <p>The Legacy Challenge is totally bespoke and designed by the charity to encourage our young people to be inspired towards a lifetime of sport, culture and healthy living.</p> <p>The Legacy Challenge was used by schools throughout the whole year or as a condensed project.</p> <p>The Inspire+ Legacy Coordinator supported schools to embed the resource in schools.</p>	<ul style="list-style-type: none"> <li>• <i>New design of passports that focused on 'Road to my Games' that inspired children to follow in the footsteps of GB athletes on their own road to Rio 2016.</i></li> <li>• <i>Lincolnshire Sport funded the legacy Challenge to be a free resource available to all primary schools in Lincolnshire.</i></li> <li>• <i>Trained over 200 bronze Young Ambassadors to lead and promote healthy lifestyles to their fellow pupils</i></li> <li>• <i>55 Schools engaged throughout the county</i></li> <li>• <i>70 teachers trained to embed the programme within their schools</i></li> <li>• <i>Over 13,000 pupils engaged in the Legacy Challenge</i></li> </ul>	<p>Children were introduced to the Legacy Challenge in an assembly led by our Bronze Ambassadors and the children worked on aspects of the challenge at home and part of their creative curriculum work in school.</p> 

<p>PGL Access Weekend (year 6-7 transition)</p>	<p>Schools had the opportunity to select pupils to attend a special weekend at PGL, staffed by Inspire+.</p> <p>Schools had the discretion on which pupils they chose, ranging from being a Young Ambassador, attainment, good behaviour, students who have low self-confidence or students who have never experienced outdoor education before, which may have been due to may have been due to financial restrictions.</p> <p>Aimed at pupils in year 6. The weekend also supported transition from primary school to secondary school.</p> <p>This year saw parents able to buy places if they wished. We also had 12 of our top Leadership Academy members attend to help develop their skills and training.</p>	<ul style="list-style-type: none"> <li>• 96% children enjoyed the weekend experience</li> <li>• 80% agreed or strongly agreed that they achieved something positive</li> <li>• 96% of children made new friends</li> <li>• 62% indicated that the weekend had helped them meet new friends that they will go to secondary school with in September</li> </ul> <div style="display: flex; justify-content: space-around; align-items: center;">   </div>	<p>The access weekend allowed two Year six children the chance to bond with their peers. Both of those children believed that it had helped them to meet new people, become more confident and contribute towards feeling better about the transition to Secondary school.</p>
<b>Specialist Coaches</b>			
<p>Specialist coaches</p>	<p>Inspire+ help to provide quality coaching at schools through a comprehensive range of sports, to support increased OSHL and support the upskill of teachers delivering PE curriculum.</p>	<ul style="list-style-type: none"> <li>• A total of 36 Primary Schools and 2 Secondary Schools have accessed the specialist coaching service, normally receiving a minimum of two terms worth of sessions free as part of their Inspire+ membership.</li> <li>• Schools consistently and regularly request additional coaching services. This year over 100 requests were made.</li> <li>• Our specialist coaches provide teachers with the knowledge and guidance to improve and upskill their current PE experience.</li> <li>• School Feedback:</li> </ul>	<p>Specialist coaches have worked along side staff at school to deliver PE this year. The specialsit coaches have worked alongside class teachers and other adults in school to deliver quality first provision.</p> <p>In addition to this Premier Sports have provided dance enrichment from Y1-6 as well as a specialist dance club after school.</p> <p>Y6 took their dance to the Stamford Dance Festival to perform for the other local schools.</p>

		<p><i>"The sessions have been brilliant, the...group have thoroughly enjoyed them. No matter the weather they have smiled the whole way through."          "...athletics...was brilliant and really motivating. Thoroughly enjoyed our sessions... so thank you."</i></p>	
<p>Inspire+ mentor programme</p>	<p>Our mentors provided support and guidance to young people with the aim to help remove barriers to learning in order to support effective participation, enhance individual learning, raise aspirations and achieve full potential.</p> <p>The mentoring programme is first and foremost for young people who have a genuine interest in sport. Schools identified young people who are not maximising their potential specifically in the following areas:</p> <ul style="list-style-type: none"> <li>• Not applying themselves academically</li> <li>• Gifted and Talented</li> <li>• Young people with behavioural issues</li> </ul> <p>Our mentors then hope to help address these issues and engage with the young people through sport.</p> <p>Schools had the option of 3 mentoring session for one term. Or one contact session per term over the academic year and pupils could contact their mentor via email under adult supervision.</p>	<ul style="list-style-type: none"> <li>• 20 Inspire+ schools accessed the mentoring programme.</li> <li>• 64 primary school pupils engaged.</li> </ul> <div data-bbox="981 598 1328 1061" data-label="Image"> </div>	<p>Four Y6 children engaged with the mentoring programme. They met their mentor throughout the year and used these sessions as motivation to continue to work hard at their academic studies as well as continuing their love for sport.</p>

<p>Mini Olympics</p>	<p>The 9<sup>th</sup> Mini Olympics took place on Thursday 23<sup>rd</sup> June at the South Kesteven Athletics Stadium in Grantham. The event was attended by Inspire+’s primary schools and was themed on Rio 2016 and international Olympic day.</p> <p>Samba bands, carnival dancers and freestyle footballers brought the Rio theme to life whilst local sports clubs and coaches ran the activity stations for the day.</p> <p>The day is a huge celebration for the charity’s schools, leaders, trustees and partners to come together for an inspirational day and for the year 3 &amp; 4 children taking part to experience for a lot of them their first big sporting event. The event includes its own opening parade and closing ceremony with mass dance.</p> 	<ul style="list-style-type: none"> <li>• 34 Primary Schools attending, totalling 70 teams taking part.</li> <li>• Over 1200 Primary School children attended the day including the 70 teams and schools’ Bronze Young Ambassadors.</li> <li>• 80 of the charity’s secondary school Sports Leadership Academy students and Young Ambassadors helped to plan, organise and run the event.</li> <li>• 14 sports zone for the children to take part in throughout the day including Dance, Golf, Badminton, Boccia and Wheelchair Basketball.</li> <li>• Celebrities: Sam Ruddock, Sophie Allen, Jonathan Edwards Broom and Liz Cann.</li> <li>• Over 40 VIP’s came to watch the day and soak up the atmosphere.</li> </ul> <p><i>Wow! What an event that was! It was absolutely brilliant, the children loved it and have been given such fantastic opportunities to try new things and meet more athletes. Loved the carnival atmosphere and the group dance at the end too! Kids were exhausted on the way home.</i></p> <p><i>Thank you, all, for all the months of hard work, planning and time spent on organising such a great event for our children and to your supporters who have enabled it too.</i></p> <p><i>Looking forward to next year already!</i></p>	<p>Y3 thoroughly enjoyed attending the mini Olympics as well as preparations; creating a banner and learning about the upcoming Games in Rio. It was also a chance for the Bronze Ambassadors to meet up with their colleagues from other schools.</p>
----------------------	---	--	--

<p>Website</p>	<p>New website created in the summer of 2014. The website contains information about all Inspire+ services and initiatives.</p> <p>Schools can inform parents of their PE and Sport provision to pupils by linking the Inspire+ website to the schools website.</p> <p><a href="http://www.inspireplus.org.uk">www.inspireplus.org.uk</a></p>	<ul style="list-style-type: none"> <li>• Online booking for activities such as our sports camps have been up and running for almost a year and have proved popular with parents.</li> <li>• We are now looking at moving our CPD booking process to our online portal. This will allow teachers to directly book onto the courses that they wish to attend.</li> <li>• 2016/17 will be the first year this will be available and we hope that by 2017/18 teachers will solely use the online booking for CPD courses.</li> </ul>	
----------------	---	--	---

<p>Clubs</p>	<p>This year alongside classroom provision an expanded list of clubs gave children a taste of PE and Sport</p>	<p>Sporting provision this year has given children access to sport and led many to take part in intra and inter school competition.</p> <p>Goalball  Badminton  Running Club- Cross Country  Dance- modern  Ballet  Football- Mixed and Girls  Rugby  Archery  Fencing  Netball  Hockey  Tri-golf  Multi Skills  Cricket  Athletics</p>	<p>Children from Y1-6 have accessed sporting opportunities this year.</p> <p>In 2016/17 we are looking to expand this list further and develop links with clubs where the children can continue to play.</p>
--------------	--	---	--

