

Initiative / Services	Description	Impact	
YOUNG PEOPLE			
Inspire+ Ambassador Sam Ruddock	Sam visited all Inspire+ primary Schools this year. His assemblies reflected on Rio 2016 and how he has dealt with not achieving the results he had hoped for. He related this to the children of how they might not always achieve what they hope to, but to never give up. Sam ended each assembly discussing nerves and fear and how these are completely normal feelings and ways we can all deal with them.	Sam visited all 38 of Inspire+'s primary schools across the year. This resulted in approximately 8000 young people being engaged in Sam's assemblies. Teachers commented that they thought this was Sam's best assembly yet. The impact it had on the children was excellent with the feelings that Sam has at competitions relating to the children when in their own sports competition or school tests/exams. It was really good for the children to see that it is ok to sometimes fail and not always achieve what you expect to, but to never give up.	Sam's visit was once again inspiring for the children- especially those about to be tested at the end of Key Stages. His assembly was used as a spark to talk about success and failure and to understand how to deal with both of these.
Inspire+ Ambassador Sophie Allen	This year, Sophie has visited 36 of 38 Inspire+ member schools and delivered half day sessions which have focussed on Girls in Sport, Achieving your Goal, Communication, Teamwork and Diet & Nutrition. Schools could make the choice between what topic they wished Sophie to present on their half day, depending on the needs of their school and pupils. Sophie has also been part of the Inspire+ gifted and talented programmes alongside the Inspire+ mentoring programme, and has helped to deliver mentoring in 6 Inspire+ member schools.	Sophie's half day sessions have engaged approximately 2200 children from 36 different schools this academic year. <i>"Sophie was GREAT! Perfect workshops for this time of year, nearing Y6 SATs! Please pass on our thanks – she's such an enthusiastic speaker: truly inspirational!"</i> St Gilberts PE Coordinator 	Sophie visited us in school and worked with the girls from Y5 and Y6 on what was teamwork and why it was important to work together. The afternoon was really important in team building and helping the girls understand how to cooperate even when there were differences of opinion between them.
Inspire+ Ambassador Ben Smith	On the 1st September 2015 Ben began one of the most challenging and rewarding experiences of his life. Ben ran 401 marathons on 401 consecutive days around 309 different locations of the UK mainland.	Ben visited 34 Inspire+ Primary & Secondary schools over 2 weeks during schools anti-bullying week. The scale of the challenge which Ben explained to children during the assembly stunned them. His assembly included messages of resilience, about	Following Ben's visit last year which led to the children completing a marathon challenge in support of his charity work the children were very pleased to see him back.

	<p>Following the completion of this challenge, which also included 2 marathons running between Inspire+ schools, Ben came to give an assembly about his challenge to each of our schools and highlight the issues of bullying and resilience.</p>	<p>bullying and how no matter who you are, what you're like, where you come from, you can achieve anything if you set your mind to it.</p> 	<p>The assembly fitted with school themes of aspiration and resilience and in particular the school football team used Ben's words as motivation for this years league.</p>
<p>Inspire+ Ambassador Sarah Outen MBE</p>	<p>Sarah was available this year to visit Inspire+ schools speaking specifically on her ocean crossings during her London2London adventure. These were parts of her journey that saw her lose 2 rowing boats and be rescued twice because of storms and damaged equipment. This did not stop Sarah who continued her journey and re-rowed the Atlantic ocean.</p> <p>From Sarah's assemblies, she was able to speak to the children about resilience and how everyone faces barriers and setbacks, but to not let these stop you achieving your goals and dreams.</p>	<p>Sarah gave assemblies at 10 Inspire+ member primary schools.</p> 	<p>Sarah's words were used as inspiration by year 6 to produce writing inspired by Sarah's adventures. A number of Y6 and their parents went to an evening with Sarah to learn more about her adventures and to hear her inspire them to follow their dreams.</p>
<p>Inspire+ Ambassador Shona McCallin MBE</p>	<p>Local girl Shona McCallin, who went to school at Long Bennington Primary School followed by KGGGS, is a professional full time hockey player who was part of the squad that went to the Rio Olympics and brought home the gold medal!</p> <p>We are extremely proud to have Shona as an Ambassador, being a local girl who has achieved the ultimate goal as an athlete is truly inspirational.</p>	<p>Shona visited 38 Inspire+ schools over the year, plus a special visit to Deeping Hockey Club.</p> <p><i>"Shona McCallin visited us at the beginning of the year and all of the children were extremely excited to hear about her journey to Rio. Shona's talk was incredibly inspiring; the children were in awe to hear that someone, who had grown up in their hometown, had achieved so much! They loved to hear about her journey to the Olympics: her early morning and late evening workouts; early wake up calls; stories of meeting her favourite athletes; her</i></p>	<p>We were lucky that after the assembly had inspired all the children of the school with its message and visit from a gold medal, the children were able to have an extended talk with her and could ask questions about her experiences and influences on her sporting career.</p>

	<p>At the end of her assembly's Shona challenged pupils with the question; could they be the next gold medallist from Lincolnshire?</p>	<p><i>strict diet and especially her lack of McDonalds even though it was free!</i> <i>To top it all off, we got to see a real Olympic gold medal- the ultimate aspiration for any athlete! She proved we can be the best version of ourselves and achieve our dreams, whatever they may be, if we work hard at it and never give up!"</i> National School PE Coordinator</p> 	
<p>Young Ambassadors (YAs)</p>	<p>The Young Ambassador programme originates from the success of London 2012 and wanting to continue the inspirational games 'inspire a generation' ethos.</p> <p>The Young Ambassador Programme is a country wide initiative which ranges from Bronze YA's in Key stage 2 through to Platinum YA's in Key Stage 5.</p> <p>We are proud to deliver all aspects of this programme which actively engages young people year 5 all the way through to year 13.</p>	<p>We have seen an increase in the number of Young Ambassadors at all levels within our area. We have trained over 120 Bronze Young Ambassadors which have then gone on to help lead on programmes such as the Legacy Challenge, Legacy Tour and the Mini Olympics.</p>  <p>The senior Young Ambassadors have also been busy helping out by organising the Legacy Tour, Mini Olympics and other events throughout the year.</p>	<p>As always our Young Ambassadors carried out their tasks and supported with events both in school and in the community.</p> <p>Being a bronze ambassador is a great opportunity for them to extend a positive message to the children in school but also to become more confident themselves in talking before an audience.</p>
<p>Inspire+ Legacy Challenge</p>	<p>Launched in 2012 with the support of Lord Coe, pupils embark on a series of challenges created to realise the London 2012 pledge of 'inspiring a generation'.</p> <p>The Legacy Challenge is totally bespoke and designed by the charity to encourage our young people to be inspired towards a lifetime of sport, culture and healthy living.</p> <p>The Legacy Challenge was used by schools throughout the whole year or as a condensed project.</p>	<ul style="list-style-type: none"> • <i>New design of logbooks that focused on the Inspire+ Ambassador, this was to encourage the children to aspire to be like the ambassadors and achieve great things.</i> • <i>Lincolnshire Sport funded the legacy Challenge to be a free resource available to all primary schools in Lincolnshire.</i> • <i>Trained over 200 bronze Young Ambassadors to lead and promote healthy lifestyles to their fellow pupils</i> • <i>55 Schools engaged throughout the county</i> • <i>Over 100 teachers were trained to embed the programme within their schools</i> • <i>Over 11,000 pupils engaged in the Legacy Challenge</i> 	<p>In the academic year 2017-2018 the school is embarking on a 'Healthy Body, Healthy Mind' project. So the Legacy challenge was held off until September of this year.</p> <p>All staff are now trained in the Legacy challenge and this year's Ambassadors will have the chance to launch it in assembly.</p>

	<p>The Inspire+ Legacy Coordinator supported schools to embed the resource in schools.</p>	<p><i>“Through pupil voice, displays (photos and evidence), the website and the ethos of the school in general, our inspector was very impressed with how the Legacy Challenge and the enthusiasm of the Bronze Ambassadors seemed to be affecting the general atmosphere in the school. As many of our children spoke with such passion about their roles in school, leadership and volunteering and the challenges they set themselves through the Legacy Challenge the inspector ended up asking for a copy of the Legacy Challenge and has made reference to it in our final report.</i></p> <p><i>He could see there was a clear link between the children’s general behaviour and attitude to work and the work we do with them through the Bronze Ambassador training and the Legacy Challenge. The inspection process does now look very closely at SMSC in schools and the Legacy Challenge appears to have ticked a box for them in my school.</i></p> <p><i>Thanks again for this wonderful toolkit and producing something that addresses a large number of SMSC areas through sport, healthy lifestyles and values.”</i></p> <p>Mr Clack, Headteacher, Great Ponton Primary School.</p>	
<p>Gifted and Talented Grant Scheme</p>	<p>Inspire+ supported pupils identified by the school as Gifted and Talented, if kit, transport, or club membership fees were a barrier to reach their potential.</p>	<p>This year, 6 primary schools applied for Grant Scheme funding for pupils they had identified as gifted and talented. These applications granted 9 pupils funding through the Grant Scheme.</p> <p>In total, £1500 was awarded to pupils via the Gifted and Talented Grant scheme this academic year.</p> <p><i>“The funding has helped pay for extra training sessions and competition costs allowing Robbie to learn more challenging routines.”</i></p>	<p>Funding helped this year in allowing a Y6 pupil to travel to and train in gymnastics. He was able to access competitions further afield and at a higher level. By the end of Y6 he was a member of the boys elite A squad at Huntingdon.</p>

<p>Paralympic Half-days</p>	<p>Each school has received a half-day of coaching from our disability sports expert.</p> <p>Schools have utilised this to give classes a flavour of all inclusive sports for their children and up skill their staff to be able to continue the delivery of the sports.</p>	<p>Sports that can be offered are:</p> <ul style="list-style-type: none"> • Boccia • New Age Kurling • Seated Volleyball • Goal ball <p>These sports are fully inclusive and can be played in</p>  <p>spaces as small as a classroom.</p>	<p>The children loved playing goalball. This led to teams from Y5 and Y6 taking part in a tournament against other local schools.</p>
<p>Mini Olympics</p>	<p>The 10th Mini Olympics took place on Wednesday 21st June at the South Kesteven Athletics Stadium in Grantham. The event was attended by Inspire+’s primary schools and was themed on the legacy of Rio 2016.</p> <p>Samba bands, carnival dancers and freestyle footballers brought the Rio theme to life whilst local sports clubs and coaches ran the activity stations for the day.</p> <p>The day is a huge celebration for the charity and those involved with it, made even more special by it being the 10th anniversary of the first Mini Olympics.</p> <p>The day allows the charity’s schools, leaders, trustees and partners to come together for an inspirational day and for the year 3 & 4 children taking part to experience what might be for many of them, their first big sporting event. The event includes its own opening parade and closing ceremony with mass dance.</p>	<p><i>“Wow! The children and staff from our school had the best time yesterday at the Olympics. They haven't stopped talking about it. They loved the fact that they learnt new skills and just the whole experience. Teachers were full of praise for how it was all organised and I have heard lots about it. Thank you so much! What a great opportunity for our children. Well done to you and your team.”</i> Primary School Teacher.</p> <p><i>“We had a great time yesterday. Thank you again for having us, it was great to see so many children enjoying dance and the Olympic Athletes joining in with our choreography! It was a great opportunity too for me to meet more teachers in the region and tell them about the National Nutcracker project.”</i> Sports Zone coach</p>	
<p>PGL Access Weekend (year 6-7 transition)</p>	<p>Schools had the opportunity to select pupils to attend a special weekend at PGL, staffed by Inspire+. The weekend is aimed at pupils in year 6 to help aid transition from primary school to secondary school.</p>		<p>Once again 2 Y6 children attended this transition event. Both returned full of enthusiasm for what they had been doing and believing that they felt increasingly confident in the transition from primary to Secondary.</p>

	<p>Schools had the discretion on pupils chosen, with reasons ranging from being a Young Ambassador, attainment, good behaviour, students with low self-confidence or students who have never experienced outdoor education before, which may have been due to financial restrictions.</p> <p>This year saw parents able to buy places if they wished. We also had 12 of our top Leadership Academy members attend to help develop their skills and training.</p>		
Inter school sporting competition	The Stamford Sports Association continue to work together to provide competition for children in a wide range of events. The netball and football leagues were accompanied by a wide range of other competitions including badminton, goalball, rugby and rounders.	Regular competitive competition played in the right spirit is a long standing part of the Stamford Schools work together. The children enjoy the varied opportunities for competition held over each calendar year.	This year's highlights include victories in Y3 and Y4 athletics races. The football team achieved their highest placing in the league for several years and close seconds in goalball competition.
TEACHING STAFF			
PE, Sport and Leadership Conference	<p>The Inspire+ organised conference provided the platform for teachers to develop PE, Sport and Leadership provision.</p> <p>Workshops were run by national and local facilitators, including a workshop held by the Royal Opera House.</p> <p>Inspire+ Ambassador and Adventurer, Sarah Outen, was our special guest along with former GB international badminton player Gail Emms.</p>	<p>Following on from the PE & Sport Conference, 17 schools registered an interest with the National Opera House, schools received resources/training from Allison Consultancy and schools began using the database produced by Matt Evans from Carre's Grammar School to aid schools with tracking pupil participation.</p>	<p>The conference is a real way of networking and receiving new ideas in PE. The resources from Allison were helpful in ensuring organisation and safety were paramount. The database has enabled us to see what levels of participation we have in school and to look at providing a sporting opportunity for those not currently participating.</p>
SCHOOL			



Mini Bus	Inspire+ secured access to a mini-bus to ensure pupils can access sports fixtures/events.	1 school accessed this support.	
TOP Swimming	This initiative funds 50% of an additional qualified school Swim teacher to work with non-swimmers to ensure children meet the KS2 requirement.	<p>Schools continue to access this programme that is proven to support the development of targeted pupils.</p> 	<p>This year we moved swimming to a new facility part of the Stamford endowed school. This swimming pool and the change of coaching have made a great difference to the confidence and ability of the Y4/5/6 children who swam this year.</p> <p>By the end of the year 86% of Y6 were able to swim 25m unaided using a variety of strokes.</p>
Inspire+ Legacy Tour 2016/17	<p>This year's Legacy Tour was based around the legacy of the Rio 2016 Olympics and Paralympic Games, alongside raising awareness of sugar content and how much sugar different foods and drinks contain.</p> <p>All member schools were offered the opportunity to be part of the Inspire+ Legacy Tour.</p>	<p>A total of 38 schools took part in the Legacy Tour, with approximately 7200 young people engaged!</p> <p>As part of the tour we asked all schools to sign an Inspire+ t-shirt to be presented to ambassador Ben Smith.</p> <p><i>"When a small school like Great Ponton can be involved in something like the Legacy Tour it is an opportunity to share experiences with other larger schools. Our Bronze Ambassadors get the opportunity to meet, share and present with children from much larger schools. It helps them grow in confidence, communicate clearly and show responsibility in front of their peers. The tour spreads an important message, encourages thought and ensures pupils are persuaded to be more physically active and to understand the reasons why it is important."</i></p> <p>Mr Clack, Headteacher, Great Ponton Primary School.</p>	<p>The children responding really well to the assembly especially in encouraging us all to look at the sugar content of the food and drink we are consuming.</p>
The Daily Mile	<p>The Daily Mile is aimed at every schoolchild with the target of them being able to complete one mile a day.</p> <p>It has been proven to prepare children for their lessons, leaving them more focused and ready to learn. The Daily Mile is non-</p>	<p>Meetings were held with 20 schools with a further 5 schools interested. 9 schools started The Daily Mile in their schools before the end of term 6.</p> <p><i>"It has been good to have a whole school activity on a regular basis. Good for a sense of community and belonging."</i> – Buckminster Class Teacher</p>	<p>We have met about the Daily Mile and it will be implemented as part of our 'Healthy Body Healthy Mind' project.</p>

	competitive and fully inclusive, alongside aligning with the new Obesity Strategy announced by the government.	<i>"The fitter children are doing more and more and the less fit are able to do it more comfortably."</i> – Great Ponton Class Teacher	
Playground Leaders	<p>Following the successful introduction of in-school training, the charity continued to offer this training to all member schools.</p> <p>Schools receive 6 x 1 hour training sessions with their chosen group of pupils. This training can also incorporate working with the schools lunchtime supervisors.</p> <p>At the end of the training the pupils and lunchtime supervisors are able to work together on a rota system to provide structured play at lunchtimes.</p>	16 schools accessed training on their school site. As a result over 200 pupils were trained to support their peers in becoming more physically active.	Y6 worked in the playground to lead games and support play amongst the younger children. In the Summer 2017 the Y5 were all trained and are timetabled to be part of the playground plan in the year 2017-18.
Specialist coaches	Inspire+ help to provide quality coaching at schools through a comprehensive range of sports, to support increased OSHL and support the upskill of teachers delivering PE curriculum.	<ul style="list-style-type: none"> • A total of 38 Primary Schools have accessed the specialist coaching service, with the majority receiving some sessions for free as part of their Inspire+ membership. • Schools consistently and regularly request additional coaching services. This year over 85 requests were made. • Our specialist coaches provide teachers with the knowledge and guidance to improve and upskill their current PE experience. • School Feedback: 	<p>The coaches working alongside existing staff to provide quality PE provision in the school. In addition after school clubs enhance the sporting opportunities for children.</p> <p>In addition to those working in school in curriculum time, specialist coaches have extended school provision adding in the last year: dodgeball, ballet, archery, dance and additional football coaching</p>
COMMUNITY			
Holiday Camps	Holiday sports camps aimed at introducing young people to a range of sports and another involving children in dance have taken place during holidays.	Clubs ran in four months this year. October, February, April and August. There was a sports club followed by a creative arts one focused on dance	Over the camps 160 places were filled.
Website	In Spring 2017 we launched our new website. The website contains information about all Inspire+ services and initiatives.	<ul style="list-style-type: none"> • Online booking for activities have been up and running for over a year now. • Online bookings for our sports camps have proven to be popular with 77% of bookings made via our online system. 	The use of the website makes it quicker and easier to access the many training and support opportunities available to Inspire+ members.

	<p>Schools can inform parents of their PE and Sport provision to pupils by linking the Inspire+ website to the school's website.</p> <p>www.inspireplus.org.uk</p>	<ul style="list-style-type: none">• This year we added our CPD courses to the online booking system, although not popular with teachers, we will continue to push this again next year as our preferred option, as this will allow teachers to directly book onto the courses that they wish to attend.	
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